



# SALLISAW PUBLIC SCHOOLS

## Sallisaw High School Breakfast and Lunch Menu August 2024



Alternate Cereal, Oatmeal or Yogurt bar available daily for

Breakfast and Lunch Served with variety milk choice

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
				<p>Sallisaw Public Schools is proud to announce that all sites will eat <b>FREE</b> for the 2024-2025 School Year.</p>					
						5		6	
						<p>Sausage Biscuit Fruit Juice, Milk</p>		<p>Biscuits and Gravy Fruit Juice, Milk</p>	
						<p><b>Chicken Tenders</b>  Mashed Potatoes Gravy WG Hot Roll Fresh Fruit and Vegetable Bar Milk</p>		<p><b>Ham and Cheese Sandwich</b>  Potato Chips Veggies and Dip Fresh Fruit and Vegetable Bar Cookie Milk</p>	
						<p><b>SAME</b></p>		<p><b>Pizza/Salad</b></p>	
12		13		14		15		16	
<p>Biscuits and Gravy Fruit Juice, Milk</p>		<p>Pancake on a Stick Fruit Juice, Milk</p>		<p>Breakfast Pizza Fruit Juice, Milk</p>		<p>Donut Fruit Juice, Milk</p>		<p>Biscuits and Gravy Fruit Juice, Milk</p>	
<p><b>Corn Dog</b>  Steamed Broccoli Cheese Sauce Fresh Fruit and Vegetable Bar Milk</p>		<p><b>SHS Special</b>  Chicken, Cheese &amp; Rice Chips and Salsa Fresh Fruit and Vegetable Bar Milk</p>		<p><b>Chicken Fried Steak</b>  Mashed Potatoes &amp; Gravy Sliced Carrots WG Hot Roll Fresh Fruit and Vegetable Bar Milk</p>		<p><b>Cheeseburger</b>  Lettuce, Tomato and Pickle French Fries Baked Beans Fresh Fruit and Vegetable Bar Milk</p>		<p><b>Pizza</b>  Strawberry Spinach Salad Fresh Fruit and Vegetable Bar Cookie Milk</p>	
<p>Spicy Chicken Sandwich/Broccoli</p>		<p>Taco's/ Chips and Salsa</p>		<p>Nuggets/Potato/Roll</p>		<p>Hamburger/Tater Tots</p>		<p>Pizza/Salad</p>	
19		20		21		22		23	
<p>Smoothie and WG Toast Fruit Juice, Milk</p>		<p>Funnel Cake Strawberries Juice, Milk</p>		<p>Sausage Biscuit Fruit Juice, Milk</p>		<p>Breakfast Boat Fruit Juice, Milk</p>		<p>Biscuits and Gravy Fruit Juice, Milk</p>	
<p><b>Pig-n-Blanket</b>  Dipping Sauce Roasted Veggies Fresh Fruit and Vegetable Bar Banana Pudding Milk</p>		<p><b>Taco Salad</b>  Pinto Beans Chips and Salsa Fresh Fruit and Vegetable Bar Milk</p>		<p><b>Chicken Nuggets</b>  Mashed Potatoes &amp; Gravy Black Eyed Peas WG Hot Roll Fresh Fruit and Vegetable Bar Milk</p>		<p><b>Spaghetti w/ Meat Sauce</b>  Green Beans Garlic Stick Fresh Fruit and Vegetable Bar Milk</p>		<p><b>Loaded Baked Potato Bar</b>  Pulled Pork or Diced Ham "Fixins" Garlic Toast Fresh Fruit and Vegetable Bar Milk and Cookie</p>	
<p>Chicken Sandwich/Roasted Veggies</p>		<p>Burrito/Beans/Chips &amp; Salsa</p>		<p><b>SAME</b></p>		<p>Hamburger/Wedges</p>		<p>Pizza/Salad</p>	
26		27		28		29		30	
<p>Biscuits and Gravy Fruit Juice, Milk</p>		<p>High School Griddle Fruit Juice, Milk</p>		<p>Breakfast Pizza Fruit Juice, Milk</p>		<p>Ham, Egg and Cheese Croissant Fruit Juice, Milk</p>		<p>Biscuits and Gravy Fruit Juice, Milk</p>	
<p><b>SHS Lunchable</b>  Ham, Cheese and Crackers Baby Carrots and Ranch Sliced Apples and Caramel Fresh Fruit and Vegetable Bar Milk and Cookie</p>		<p><b>Cirspito w/ Cheese Sauce</b>  Refried Beans Chips and Salsa Fresh Fruit and Vegetable Bar Milk</p>		<p><b>Salisbury Steak</b>  Mashed Potatoes &amp; Gravy Sweet Peas WG Hot Roll Fresh Fruit and Vegetable Bar Milk</p>		<p><b>Toasted Cheese Sandwich</b>  Tomato Soup &amp; Crackers Grilled Veggies Fresh Fruit and Vegetable Bar Milk</p>		<p><b>Build Your Own Salad Bar</b>  "Fixins" Crackers Fruit Apple Crisp Milk</p>	
<p>Meatball Sub/Veggie</p>		<p><b>SAME</b></p>		<p>Nuggets/Potato/Roll</p>		<p>Hamburger/Tots</p>		<p>Pizza/Salad</p>	

\*\*\* Menu Subject to Change According to Product Availability\*\*\*

This institution is an equal opportunity provider.